

The Williamsport Home

News & View

Edgewood A • Deerfield B

Ray & JoAnn Strouble Celebrating 71st wedding anniversary May 2nd.

Valley View C

Vol. 28 Issue 4 April 2023

Mission Statement

Our mission is to provide our residents with the highest quality of care honoring their independence and dignity.

RESIDENT ASSEMBLY MEETING April 10, 2023

The meeting was called to order by Larry Dieffenbach, President, following the Pledge of Allegiance. The president introduced Maureen Carey, Laurie Barclay and Sharon Atherholt representing the Board of Directors.

HOSPITALITY: Barbara Birt reported that the Committee will be meeting on April 12 at 1:30 in C Building 1st floor lounge. They are still working on the revisions and updates to the Welcome papers given to new residents.

DIETARY: Report given by Larry Dieffenbach for Linda. We now have onions for our hot dogs for those wishing them. Complaints that the chili was too bland and flavorless, and this information passed on. Soup is sometimes too thick. The improvements that have been made seem to be very good. Things are improving. Larry would still like the plates to be warm, and he is looking into this.

TRAVEL: Kim reported for Carol Greene, that we are going to the Repasz Band free concert at the Community Arts Center. The committee had discussed shorter trip to see if there would be more resident participation. Some suggestions are Captain Bill's Cruise in Watkins Glen in the summer, boat ride on the Hiawatha and then picnic at the pavilion with Kate Frey supplying the meal, and Wellsboro train ride in the Fall. The Spring Cleaning sale will be held May 9 in A Building Activity Room. Items will be sold for \$1 or \$5 a bag. Please no books, no furniture, and no electronics. We will start selling at 1:30 and please bring your own bags. Items that do not sell will be donated to American Rescue Workers. Flyers will be posted on all bulletin boards and also in the newsletter. We made 128 hoagies for our sale Next meeting will be May 3 at 1:30 in A Building Activity Room. We have no plans at present for a long trip as the cost of transportation is very high. We have nothing on the calendar at present.

ADMINISTRATION CONTACTS

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Yvonne Laubach, LPN Personal Care Home Administrator PH 323-4589 or 323-8781 EXT 1148 ylaubach@thewilliamsporthome.com

Kimberly Rank Director of Independent Living PH 322.-2763 or 323-8781 EXT 1147 krank@thewilliamsporthome.com

Kaleb Roudabush, Wellness Coordinator PH 323-8781 Ext. 1166 kroudabush@fprehab.com

Patrycia Jackson, Administrative Assistant PH 323-8781 Ext, 1117 pjackson@thewilliamsporthome.com

Kate Frey, Executive Chef PH 323-2962 or 323-8781 Ext. 1149 kfrey@thewilliamsporthome.com BUILDINGS & GROUNDS: Judy Winter reported that A building parking lot light by the pavilion needs adjusted, not coming on until early morning and some lights out in the north side B Building parking lot. B Building: Ceiling tiles need replace before open house on the first floor by #711, laundry room and puzzle room. We would like benches put outside since it is getting warm out. Storm drain exiting the parking lot from the pavilion needs to be painted yellow or have reflective tape so drivers do not catch tires on it. #906 exhaust fan is very loud. Maintenance will check. #902 deck still needs to be repaired, and has been referred to Maintenance for immediate work. C Building: Residents would like to be informed prior to installation of air conditioners so their window can be washed. Maintenance should put the patio furniture in place on the back patio. First floor trash room door is always left open in spite of the sign to keep closed at all times. We will try to educate residents and staff to keep closed. #1009 patio door on the kitchen side does not stay on the track. #707 has paint peeling above the kitchen sink. #710 has ants and Kim will put on the list for Erhlich. Next meeting is Thursday, May 4 at 1:30 in C Building First Floor Lounge.

DIRECTOR OF INDEPENDENT LIVING: Kim Rank reported that an Open House will be held April 11 in B Building. We have had several move-ins. Please welcome our new residents. We have bears in the garbage cans on Ravine Road. Please be cautious and don't leave any trash around. We don't need the bears on campus. We have a number of food truck scheduled. Upcoming is Bruster's on April 13. You will always be notified of who is coming. When food trucks are here, the parking lot entrance will be blocked for safety reasons. Not only do the apartment residents and staff get goodies from the trucks, but the staff at Skilled Nursing do also.

EXECUTIVE CHEF: Kate Frey reported that some people are upset with dining room changes. You can still dine at your regular time and say your prayer at your table or as a group. No one is forcing you to change at all. Our French Onion soup and croutons is home made. This new item seems to be very accepted. We have our August Picnic and other outdoor events coming up. It is not acceptable to have dinners saved with foil covering at residents' table. Jerry Brown has volunteered to take care of the microphone for prayers.

WELLNESS COORDINATOR: Kaleb Roudabush reported the next Wellness meeting is scheduled for Thursday, April 27, at 1:30 in A Building Second Floor Lounge. Brain University will be ongoing every other week, rotating between buildings as follows: A Building Tuesday April 4 18, topic Executive Function and Attention to Detail. B Building Thursday April 13 and 25. C Building Thursday April 6 and April 20. Please note the start time is now 3:30 and should end by 4:30 or 5 pm. Outpatient Therapy currently has 11 residents on caseload. We have PT, OT, and ST services available. Wellness Lecture series is Wednesday April 29 at 2 pm in Building B First Floor Lounge. The topic is on Occupational Therapy, as April is Occupational Therapy Month. The fire pit is ready to do, and so it the wood pile, and you are welcome to use it. If you need help let me know. Saturday, May 13, we plan to have the Car Show. The Corvette Club has visited us in the past with a parade around the campus and interaction with the members. Bruster's will also be here that weekend. If you want services in our Therapy sessions, contact your doctor and get a script.

MAINTENANCE DIRECTOR: Mark Shobert reports that cleanup is ongoing throughout the campus. Materials are ordered for the storm drain and other projects. The duplexes in A building are now completed, and Master Contractors is moving to B Building to start the #802/804 duplex. There are downspouts that need unclogging and are flowing over the ground. We will be doing the deck work at #902 very shortly and on the rain spouts.

PERSONAL CARE ADMINISTRATOR: Yvonne Laubach reported that night fire drills are required by Department of Human Services between 11 pm and 6 am in C Building. The bell rings between 4 1/2 to 6 minutes. We do not have a sprinkler system, so it is 6 minutes. Loyalsock Fire Dept. tells us what the time for completion is for the building. We have regulations to follow no matter what. Actually the third shift test (sleeping hours) need to be done every 6 months, but we do them 4 times a year.

EXECUTIVE DIRECTOR: Don Pote reported that Dr. Ciccarelli is retiring as Medical Director, and there is a new physician group with a Certified Nurse Practitioner to replace him. We will be having a meeting to introduce these people. We are working hard to get back on track with the TV and parking lot situation. We are trying to make things more comfortable with the changes in the Dining Room. Change is always a challenge for us, and you don't have to if you don't want to. I personally like the changes. Prayer will be part of our meal in all buildings. It's important that you sign out for meals when necessary, however it's not necessary to divulge where you are going. I always welcome feedback from you to program the things we can offer and provide. The CBS channel is still not available on Senior TV because of contract dispute out of our hands. We are looking to move independent residents in Building C to the third floor, and making the third floor all independent living at the same time we open Woodland Vista scheduled in May. We need staff, and are working on that. We need more part time personnel. We do have some staff being trained. Our Security Guards work from 10:30 pm to 7 am. They do three rounds in each building. They are responsive to call bells and securing doors. The have hats and shirts that say Security to make them more recognizable to you. We are looking at scheduling concerts for the Summer season Our picnic is August 23, and theme is Paris. Be aware Covid is still out there, and we hope you are taking measures to protect yourselves. Brain University appears to be guite popular and enjoyable. Our thanks to Kaleb for this. Also, the food trucks seem to be appreciated, and they are the idea of Patrycia Jackson and we thank her for that. Still not able to make phone calls in the first floor Dining Room of Bldg. C. Synergy will be scheduled to troubleshoot

The meeting was adjourned at 2:55 p.m.

Submitted by Rita Little, Secretary



Friendly Reminders:

When donating clothing to the American Rescue Workers, items must be bagged before putting in the barrels

Be mindful of the volume of your television / radio as not to disturb your neighbors. Sounds carry especially when windows and patio doors are open.



The food truck schedule

- April 20th 10-5pm Shane's Sandwiches & Snacks
- May 11th 10-1pm Frijole
- May 12th 10-5pm Smokey Pig BBQ
- May 30th 10-5pm Shane's Sandwiches & Snacks
- June 14th 10-5pm Shane's Sandwiches & Snacks
- June 22nd Beans BBQ



Connie DeGregory
Happy 102nd Birthday
on May 13th!



Happy Mother's Day Sunday May 14, 2023



Edgewood Candlelight Dinner









The Williamsport Home welcomes Susquehanna Corvette Club May 13th from 1-3pm Bruster's Ice Cream Truck will be on campus for residents, staff, and visitors to purchase ice cream

Spring Cleaning Sale

Tuesday May 9th

1-5pm

A Building Activity Room

\$1 per item or \$5 per bag

Please contact a Travel Committee

Member if you have items to donate or for more information



Welcome New Residents: A BUILDING: CAROL WALDMAN KONKLE MARK ROLLER