



Independent Living Apartments
Two Licensed Personal Care Programs
Skilled Nursing Care-Ravine Ridge
Short-Term Rehabilitation Care
Dedicated and Secured
Memory Support Care
Respite Care
End-of-Life Care Suites

Board of Directors

Sharon Atherholt, President
Candace Dewar, Vice President
Brette Cross Confair, Secretary
Susan Evans, Treasurer
Maureen Carey
Winona Kremser
Patricia Ann Shipman
Beth Stubler
Laurie Crockett Barclay
Catherine Piccolo
Hein Connolly
Kathleen D. Pagana
Renee Laychur

Scan this QR code with your phone camera to visit our website!





Committed to SERVICE

We are blessed to have a Board of Managers committed and dedicated to serving and fulfilling the Mission of The Williamsport Home. They do so by attending monthly Board Meetings to assure we are fiscally and regulatory compliant, but mostly by believing in and supporting our Mission, Vision and Values.

Our Board Members are not only dedicated to assuring residents receive the best quality care possible, but they are also committed to making sure our staff are aware of how much they are appreciated and valued for their service in keeping our residents safe and secure.

Our Board has always been supportive of our campus and its special events such as attending Family Teas, Candlelight Meals, Resident Picnics and Anniversary Meals. However, they raised their commitment even more during 2020 and throughout the COVID pandemic continuing into 2021. Early in the pandemic, our Board developed a plan to support our campus staff and residents. That plan included weekly gifts for several months which sustained staff such as candy bars, wholesome granola bars, individually wrapped homemade cookies, woopie pies, Bruster's ice cream, lottery tickets, hand-written cards and a formal letter to let our staff know how much they are appreciated and valued. They sponsored gifts for staff drawings that included gift cards and themed gift baskets.

Our Board was so committed they collectively pooled donations from members to create an account for staff morale using funds that were individually donated for the employee gifts and food. The funding for these projects did not come from federal, resident or state funding.

This summer, our Board supported a chicken barbecue meal with side dishes, plus desert for all campus staff on August 25. Meals were prepared for working staff for lunch, supper and night shifts as well as for scheduled to be off who were able to stop in and pick up the same meal!

As part of this recognition, we were able to give each staff member a logo T-shirt, lunch bag and a Williamsport Home logo hot/cold bottle, plus enter their name for one of 15 themed baskets.

Our Board's spirit and support helped fuel our staff with energy for when they were called to work long hours, double shifts or pick up multiple open shifts when coworkers were off on quarantine. They did so to ensure we had sufficient staffing to meet our resident needs! Yes, we are very blessed!

By Don Pote, Executive Director



The Williamsport Home Values Your Input!

The quality of care provided to you or your loved one is central to our staff. We are dedicated to service and committed to improvement.

We hope you had a positive experience at The Williamsport Home.

If so, please consider sharing a review on our Google page. Just search for us on Google and click the Reviews section. Were we friendly? Helpful? Caring? Did we make a difference? Would you recommend us? If so, please share your experience.

If we can be better in any way, please let us know by completing a We Care form either in person or on our website. The Williamsport Home has a long-standing tradition of caring by providing compassionate service for nearly 150 years to the greater Lycoming County community. Your input and reviews will help us to continue this service.

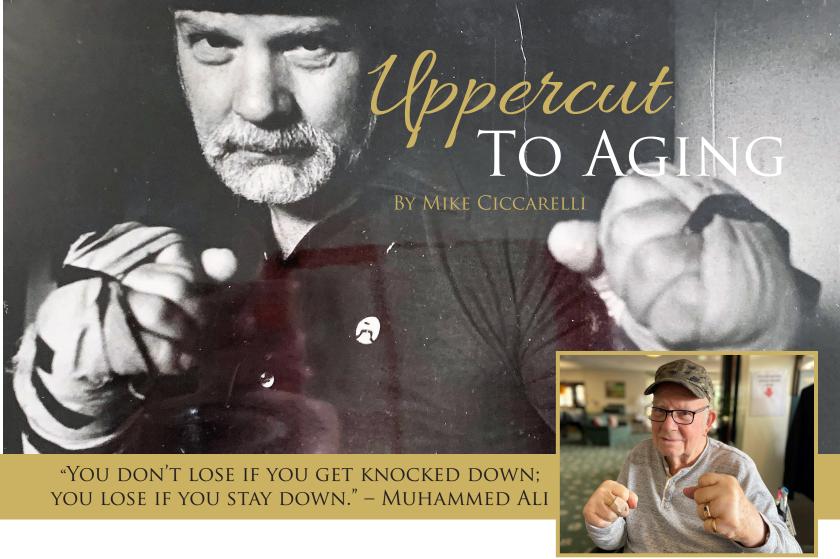


OUR Residents SAY IT BEST!

"I love The Williamsport Home Apartments! The staff and my neighbors are so friendly and make you feel right at home. Between the activities and wellness programs, I am having the time of my life all while feeling very safe and secure. I highly recommend The Williamsport Home Independent Living Apartments to everyone!"

CAROL MCNAMEE
RESIDENT SINCE MAY 2021

By Kim Rank, Director of Independent Living



Ray Walters, now age 88, is still finding purpose every day. He is a nursing facility resident during the first pandemic in over 100 years. He resides at The Williamsport Home, which is among retirement communities shaken by COVID-19 and enduring visitation restrictions and multiple quarantines. In a world riddled with division and distrust, it would be easy for such a man to give up hope and throw in the towel. Despite the challenges and the odds, Ray has come out swinging and found a new way to go pound-for-pound against his opponent and emerge victorious. For he is a man that knows no other way.

At the age of 4, Ray cut his hand while rummaging through the city dump located on 3rd Street in Williamsport. A location the local kids frequently visited while growing up and finding mischief. Little did the 4-year-old Ray know that this injury would not only require hospital care after infection but also would set the stage for him to overcome adversity throughout his career time and time again. For his career included becoming the 1953 light heavyweight Golden Gloves champion in San Diego, California, while fighting for the Navy during the Korean War.

"Left jab, left hook, right hook was the deadly combination that got me the name 'Butcher Boy," Ray said with

passion. "I learned to use my left in ways that I didn't think I could before," says Ray who still grimaces when he touches that finger. "Neighborhood bullies" are what in-spired me to get into the sport. He didn't like the feeling of being pushed around so he took up the art of self-defense very early in life. It wasn't long before Ray was getting his first taste of boxing at the local YMCA boxing club at the age of 9. He was gifted athletically and had a tenacity that was unrivaled around his peers. The attraction of sports is what held Ray in place during his schooling years. But Ray decided to go into the workforce at an early age. He jumped from job to job until ultimately realizing that he was getting nowhere fast. As the Korean peninsula began heating up with altercations, Ray was 17 and decided to enlist in the Navy.

In 1950, Ray served as gunner aboard the LST-802 (re-designated as USS Hamilton County in July 1955); a landing ship built for the Navy in World War II with the purpose of transporting both tanks and troops to different locations. The Korean War began and Ray was deployed to the peninsula in June 1950. From November 1951 to June 1952, the veteran landing ship performed cargo operations, evacuation

services, and harbor control duties in the vicini-ty of Korea. The Navy had always emphasized boxing in its physical fitness program. Naval ships frequently had a boxing ring aboard the ship as a way to offer sailors an escape from their daily duties. Ray took to the ring again, boxing up his mates, and making a huge name for himself in the process.

When it was all said and done, Ray stepped into the ring 55 times to meet a variety of fighters of different skill sets. He fought as an amateur in the Golden Gloves tourna-



ment in San Diego upon returning home at peacetime and became the 1953 Golden Gloves Champion after beating highly favored Sonny (Golden Boy) Ingram, who was a Marine. "Butcher Boy hasn't been stopped in 35 battles" the headline read. He lost only two fights by decision and what's even more impressive is that he never lost by TKO. Among Ray's several victims were two National AAU kings and an All-Navy champion. Ray was knocked down and met with adversity on several occasions, but he gathered the strength to get back up and keep fighting every time.

Ray would often get hit hard but his expertise was feeling out his opponent. Finding a way to slither inside to "pound the other guy" was what he did best. During Ray's amateur boxing career, while stars such as Rocky Marciano and Sugar Ray Robinson took center stage on television, Ray had seven offers from fight managers and promoters to turn pro. Their relentless efforts came up short as they had no clue who they were dealing with. This was a man who did not succumb to what others expected of him. For this is a man who once turned down Marilyn Monroe. "I was supposed to pose with her for a publicity photo to benefit the California Wood Craft Rangers," Ray said. "There was a big dinner with all kinds of celebrities, but Miss Monroe

never showed and they rescheduled the photo session for the following morning. I was taken aback at being stoodup, so I didn't show up in the morning."

Despite the offers and attempts at getting Ray to make boxing into a career, he chose a different path. A path that was much less elegant but far more fulfilling: he returned to the mountains of Pennsylvania to start a family. Ray met his wife Janet in Williamsport and together they had four beautiful children: three boys and a girl. Ray took to the family life. Gardening, fixer-upper projects, and friendships with neighbors occupied much of his time outside his fatherly responsibilities. Upon learning that their father was an amateur champion, his boys came to him to learn how to box. "Dishes would be falling out of the cupboards when they hit the speed bag in the garage", Janet said with a grin. "I could have killed him!"

Ray worked for several employers upon his return to Williamsport and eventually found a promising career at Alcan Cable Corporation. No sooner than he began his employment with Alcan, cartoons and sketches began lining the walls of the shipping department he worked for. Ray found that his hobby of sketching was highly enjoyable for those he shared his work with. For the boxer who once used his hands to pound opponents in the ring was now using those same hands to create art from a blank canvas.

It's incredibly easy to get hung up on the duties, routines, and everyday responsibilities in today's fast paced world. Our routines become mundane and eventually hault our progress. Ray, on the other hand, seemed to come out victorious again by finding the answer few seek: Variety is the spice of life that gives it all its flavor. Personal growth is something that must be sought after, it is not given.

From Navy sailor to Butcher Boy to husband to father to artist to coach. Ray found purpose in all of these walks of life but more importantly they all served a purpose. Ray Walters sought purpose most of his life and still does every day. He currently serves as a reminder to the nursing home staff that there is a rich history in every one of the residents that they are are fighting so hard to protect against COVID-19. All healthcare workers could develop a little more of a Butcher Boy attitude when it comes to taking on the second round of this disease.

When Ray was asked what he took away from boxing, he replied, "I didn't take anything from the sport. I left it all in the ring." Perhaps we all here at the Williamsport Home will say the same when this pandemic finally comes to an end.

By Dr. Lee Michael Ciccarelli, Medical Director

Vaccinations curb the spread of the variant and are a matter of safety. We are very thankful that a great percentage of our residents, their families and our staff have received the vaccine. COVID-19 booster shots are now available to individuals meeting the following criteria and who initially received Pfizer or Moderna vaccines at least six months ago or the J & J vaccine two months ago:

- Age 65 or older
- Age 18 or older with underlying medical conditions (cancer, kidney disease, lung disease, COPD, asthma, dementia, Alzheimer's, diabetes, Down's, HIV, heart failure, immunocompromised, liver disease. Obesity, pregnancy, smoker, transplant recipient, strong, or substance abuse).
- Age 18 or older who work in high-risk settings (first responders, healthcare workers, firefighters, police congregated care staff, teachers, support staff, daycare workers, food and agriculture workers, manu-facturing workers, corrections workers, postal service workers, public transit workers and grocery store workers).

Find vaccines near you: https://www.vaccines.gov/search Learn more about vaccines: https://www.cdc.gov/coronavirus/2019-nCoV/index.html Learn more about COVID-19: https://www.thewilliamsporthome.com/covid19-updates



The Williamsport Home's campus staff is 100% vaccinated. Many are also getting their booster shots. The pandemic has taken a toll on healthcare workers. We are grateful to all who have worked diligently to make our residents' lives better.

Vaccinations curb the spread of COVID-19 and its variants. This is a matter of safety as well as compliance with the federal government's mandated vaccines for health care workers at Medicare and Medicaid facilities. Among residents, 100% of our Skilled Nursing Facility's residents are vaccinated and booster shots were pro-vided for those residents eligible. Current residents not receiving boosters recently received treatments which require a waiting period before they are eligible.

Among our Apartment residents, 144 out of 148 (97.3%) have received COVID vaccinations and most are receiving booster shots. At the Personal Care level, 18 of 19 (94.7%) are vaccinated. Four Independent Living residents and one Personal Care resident have not received vaccinations.

As always, The Williamsport Home appreciates that we are entrusted with the care of a family's loved ones. We take all precautions to make their stay safe and dignified.



Mrs. Betty J. Hazel born in 1944 and, at 77 years of age, remains a valued employee of The Williamsport Home. Mrs. Hazel was one of 10 children and admits that, even though they didn't have much, they had each other and that was enough. She was raised in humble roots and continues to this day to present herself as a humble, honest woman.

She began her career at the Old Carroll House in downtown Williamsport and although you had to be 18, she insisted they hire her because she needed a job and because she would turn 18 in just a few weeks. She was hired there and stayed for 10 years. She married in 1965 and went on to have her first daughter in 1965. She took a leave of absence for eight months and returned to work for a few more years. After the Old Carroll House she worked briefly at the Buckeye Pretzel Company. It is here that she saw the ad in the newspaper for a house-keeper in a nursing home. That nursing home would be Home for the Friendless whose name was changed in 1940 to what we know as The Williamsport Home. Here we are now in the year 2021 and Betty Hazel is still our employee 48 years later!

She is the only employee remaining who worked in our original facility at 904 Campbell Street and has followed us to Ravine Road. Betty was offered a Supervisory po-sition in Housekeeping and held it for 25 years. She later chose to back out when we moved to Ravine Road because that had added the Independent Living apartments un-

der her command and she felt that she wouldn't be able to do her very best with adding on the apartments to clean as well. She did however, assist with cleaning even when she was a supervisor to help out.

Betty prides herself on being a "people person" and she doesn't like to sit idle. She would love to reach that 50-year mark with us so she does not see retirement in her near future. Although Betty is meek and mild, she enjoys working with all the staff and loves being around the residents. She has a warm smile and awesome disposition.

She shared with me about caring for her ill husband whom she married in 1965. She smiles when she spoke of their two daughters who live in Virginia and her four grandchildren consisting of two girls and two boys. She is unable to visit right now because of the current pan-demic and her husband's health but they do visit PA. Betty herself has had some health struggles but she con-tinues to come to work as "this is all she knows." Betty also commented on the fact that she was chosen to write an article about her life in a book titled "Penny Candy and Grandma's Porch Swing." She's committed to The Williamsport Home and we are honored to have her on our caring team, and even more elated that she shared her life with us.

Photos (left to right): 904 Campbell Street, Mrs. Hazel in 2021, Mrs. Hazel in 1967 with her daughter, Tina.

velcome TO THE TEAM

Sheehan named The Williamsport Home's Skilled Nursing and Short Term Rehabilitation Unit Administrator

Tammy Sheehan of Williamsport joined The Williamsport Home as Nursing Home Administrator for its Skilled Nursing and Short Term Rehabilitation Unit.

She assumes responsibility for the Premiere Continuing Care Retirement Community's 129-bed Skilled Nursing and Short Term Rehabilitation Unit on November 1, 2021.

Sheehan will direct overall operations unit in accordance with government regulations, organizational policies and involving individual resident choice to assure quality care and services are provided to older adults.

The Williamsport Home's Skilled Nursing Facility has a strong history of being a high-quality CMS rated facility, with an excellent clinical team, and dedicated staff. TWH is a provider of choice within the region with a 5-Star Quality of Resident Care rating.

"I am excited to support The Williamsport Home's mission to provide residents with the highest quality of care, while honoring their independence and dignity," she said. "It is important that we understand the needs of

the skilled and short-term rehabilitation resident, support staff and the day-to-day demands of the position."

Sheehan most recently served as Nursing Home Administrator for UPMC Haven Place in Lock Haven, where she directed daily operations to maintain compliance with Department of Health regulations. Among many accomplishments, she implement and maintained best practices to improve facility outcomes in CMS star rating from 1 to 5 stars.

She began her career in therapeutic recreation and worked her way up to Assistant Nursing Home Administrator for Susquehanna Health Skilled Nursing & Rehabilitation Center in 2010.

She holds certifications as a licensed Nursing Home Administrator and Personal Care Home Administrator.

Sheehan earned a B.S. in Therapeutic Recreation from Lock Haven University and will graduate with an M.S in Healthcare Administration from University of Maryland Global Campus in May 2022.



Weeden Promoted as Director of Nursing

Laura Weeden is the new Director of Nursing at The Williamsport Home. She brings more than 40 years of experience in nursing consulting and management, including most recently, she served as an RN supervisor on The Williamsport Home's Ravine Ridge Rehabilitation Center. Laura holds certifications as a registered nurse and nursing home administrator. The resident of Montoursville has a BSN in nursing and a Master's Degree in healthcare administration.

Wellness: BRIDGING THE GAP

Often, when thinking of wellness, what typically what comes to mind is being healthy and staying active. Though very true, here at The Williamsport Home we try to take wellness to another level. We not only engage all dimensions involving mind, body, and spirit but we also embrace recovery. Many times, our wellness journey leads to declines in our wellbeing even if we try hard to avoid them.



This was the case with Jane Larson. In March of 2021, Jane's fitness test went well. However, at the time, she was experiencing hip trouble and was on the fence about what steps to take to benefit her quality of life. With a wellness consult, we discussed working closely with her doctor and decided to continue exercise classes for her to stay strong and to help her get through hip

By Kaleb Roudabush, Wellness Coordinator

replacement surgery. Jane continued to exercise until it was time for her hip replacement.

The replacement was performed at UPMC Williamsport, and she chose Ravine Ridge at The Williamsport Home for her rehab following the surgery. Jane stayed a week and received physical and occupational therapies during her stay at Ravine Ridge. Jane received education on safety awareness with all ambulation and general strengthening exercises for upper and lower extremities. She was also able to practice bathing and dressing techniques and housekeeping type tasks to prepare for returning home. Jane received outpatient therapy order for Physical and Occupational therapies to continue her rehab in her independent living apartment on the Williamsport Home campus.

Jane couldn't be more pleased with the journey she started six months ago.

"The expertise and professionalism directed by Kaleb through the wellness program and Kelly's therapy team at Ravine Ridge has truly enabled me to complete this journey to maintain my independence and quality of life," she said. "I am truly blessed to have these programs at The Williamsport Home, as I may not have recovered as well if I were living alone!"



A COMMITMENT TO REACH FOR CONTINUOUS IMPROVEMENT WITH A GOAL OF OPEN AND RESPECTFUL COMMUNICATION.



Welcome Open Communication

E mpathy for Situations/Relationships

Compassion in Our Daily Actions

A ctions Speak Louder than Words

R espect One Another

E xceed Expectations

We welcome your feedback and value your comments to share "How are we doing?"



Since 1872, generous gifts from individuals, families and businesses have helped The Williamsport Home fulfill its mission. The Williamsport Home recognizes the importance of acknowledging our donor's generosity. We have chosen to honor our donors through these recognition societies.

The Brick Society

The heart of The Williamsport Home resides in the people who live within and around these brick walls. Each brick was placed with the purpose of creating a beautiful, unique and secure home for our residents. Bricks are also known for their durability and strength—and so are our donors. Every donation is valued and makes an immediate impact, helping to build a strong and durable future. The Brick Society recognizes donors who make an outright gift of \$1 to \$499 in any given year.

The Cornerstone Society

A cornerstone determines the position and future of a structure. Gifts build cornerstones. They are the chief foundation on which we can ensure that all who call this place home receive the highest quality of care. The Cornerstone Society recognizes and honors donors who make an outright gift of \$500 or more in any given year.

The Pillar Society

The pillar—an icon of strength and support—is an appropriate representation of the importance of The Williamsport Home's donors. Just as the pillars support our building, our donors are the added pillars needed to build and strengthen a solid foundation for The Williamsport Home. The Pillar Society recognizes and honors those whose exceptional generosity is making a lasting impact of an outright lifetime gift of \$5,000 or more.

The Legacy Society

Leaving a legacy can be powerful. The act of caring for generations to come and providing for the future of others is not only admirable, it is purposeful and significant. When you designate a gift in your will, estate plan or any planned gift, you are leaving a legacy. You are envisioning a strong future for the residents of The Williamsport Home. To become a member of The Legacy Society, please inform us that you have named The Williamsport Home in your estate plans.

CORNERSTONE SOCIETY DONORS

Affinity Health Services
Dr. & Mrs. Patrick Carey
Corter's Carpet
Arlene Deppen
Fidelity Charitable Giving
The Hartman Agency

Mr. & Mrs.Terry Krezmer Robert McKernan Sr. Denise McQuown-Hatter G. Lee Miller Mr. & Mrs. Donald Pote Ruth Rees Kay Seery
Mr. & Mrs. Arnold Springman
Margaret Williams
John Young Industries
Functional Pathways
Mark Sitler

PILLAR SOCIETY DONORS

Sodexo Dr. James Redka The Hartman Agency

LEGACY SOCIETY DONORS

Ms. Marjorie Konjavoda

Mr. and Mrs. William Gehron

2019-2020 BRICK SOCIETY DONORS

Paul Albert
Donna Allen
Vera Anderson
Anthony Apanavage
Benise Baird
Frank Ball
Laurie Barclay
Bev Barnfield
James Barone
Linda Barr
Mary Barrett
Mr. & Mrs. Robert Bauder
Jeffrey Bauer

Craig Bieber Mr. & Mrs. Howard Biichle Jacqulyn Blair

David Bower II Eva Breneisen Emily Bressette Doris Broskovitch Albert Brown

Laurie Burkholder Mr. & Mrs. George Camp Dick Campbell

Margaret Capozzolo
Dr. & Mrs. Patrick Carey
Brad Carter

Jennifer Cisneros
Emily Crockett
RuthAnn Crotty
Gladys Dapp
Diane DeFebo
Arlene Deppen
Dennis Dewald

Mr. & Mrs. Stephen Dewar

Anthony Dgien, Sr.

Ruth Ditchfield
Anne Donnelly
Don Eister
Michelle Englert
Shirley Ferris
Bette Folmar
Arthur Fry
Kathryn Gair
Rosemary Gillespie

Robert Gimble II Joan Gingrich Charles Greevy Dolores Harman

Lois Hasson

Chris Hausammann Dr. Steven Hendricks Mr. & Mrs. Herman Hess

Shirley Hill
Edna Hipple
Beth Hirschman

Mr. & Mrs. Bill Hoffman
Tillie Houseknecht
Stephen Huddy
Harold Jenkins
Andrew Johnson
Rita Johnston
Barb Johnstone
Clair Keefer
Nancy Kellenstine

Ruth Keller Ruth Kissell Kevin Kist, Jr. Janet Knapp Nancy Kohler Terry Krezmer Arlene Levan Leah Lewis Byron Lingertot

Mr. & Mrs. Thomas Linn

Bruce Loner
Bernie Lutz
Carol McMurray
June McNutt
John Miller
Shirley Miller
Sandra Moyer
Diane Murray
Jerry Nau
Pat O'Dea
Russell Pacala
Mary Penfield
Lucy Persun
Wiletta Prowant
Dr. James Redka

Ruth Rees
Pat Renn
Sara Richart
Larry Sanders
Mary Jane Scarpati
W. Scott Schell
Penny Schoch
John Schrader III
Mr & Mrs. Paul Seaman

Evelyn Senn Charles Severino Helen Shaffer Mark Sitler Lillian Sinibaldi Mary Elizabeth Smith

Robert Smith Henry Snyder

Mr. & Mrs. Al Springman

Teresa Staib Lois Stryker Beth Stubler Tom Sweeley Delores Vonada Nancy Vonada Mim Webster Ricky Welshans Marge Williams

Shirley Wilson Marjorie

Winder

Mr. & Mrs. Larry Young

Fred Zercoe

Donna Zimmerman

Robert Zulick

Airmen HVAC Affinity Health Services

Andrews Floor Covering Gregory Bower LLC Charles Construction Co.

Cholin Corp., Inc. Clarkson Chemical Columbia Ancillary Svcs.

Corter's Flooring

FBLA FCFP

> Functional Pathways Marshall, Parker & Weber

Sodexo

Susquehanna Trailways Susquehanna Valley

Corvete Club

The Hartman Agency

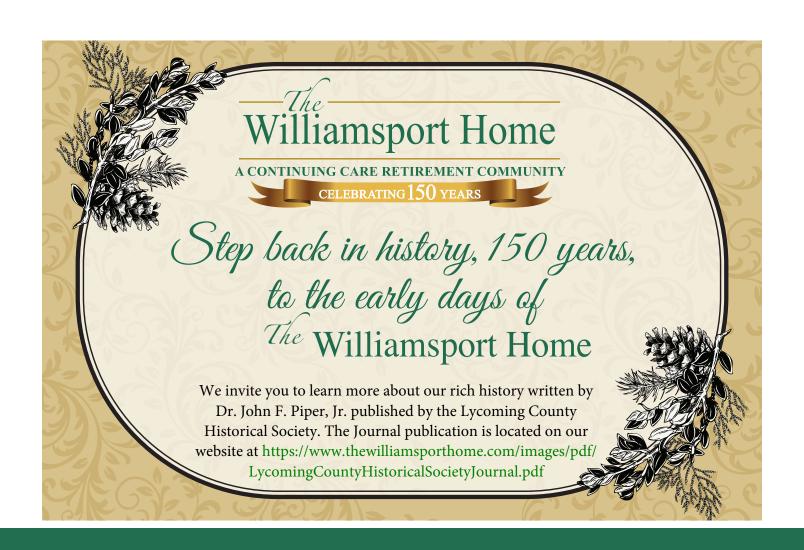
TRA Electric

Vassallo Engineering Woodlands Bank

"ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH."

-Helen Keller







1900 Ravine Road Williamsport, PA 17701 NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 144
WILLIAMSPORT, PA

A Tradition of Caring