



The Williamsport Home
News & View

Edgewood A • Deerfield B
• Valley View C



Vol. 28 Issue 2

February 2023

Mission Statement

Our mission is to provide our residents with the highest quality of care honoring their independence and dignity.

RESIDENT ASSEMBLY MEETING
February 12, 2023

The meeting was called to order at 2 pm by President Larry Dieffenbach. Following the Pledge of Allegiance, he introduced Maureen Carey, representative of the Board of Directors.

HOSPITALITY COMMITTEE: Barbara Birt reported the committee has just about finished revising the papers we give out on the Hospitality programs. We will be meeting again on March 15 at 1 pm in Building C First Floor Lounge. Jerry from TWH presented an explanation of fire drills. Act like drills are the real thing when the alarm sounds. Stairwells are a point of rescue. Go directly to stairwell. Residents will be notified of alarm tests.

DIETARY COMMITTEE: Linda Dieffenbach reported. Kate is working on menus for Mardi Gras and our Candlelight Dinner. At Mardi Gras there will be a baby hidden in the food with a prize. Kate is trying new menus. More to follow.

TRAVEL COMMITTEE: Carol Greene reported that A Building chose to go to Crippled Bear on February 16. On February 23 we will hold our Hoagie sale. You must sign up for hoagies by the 17th. All trips and events are open to all three buildings. March 1 there is a trip planned to Lewisburg High School to see Guys and Dolls, and we will go to Perkins for dinner afterward, there is a \$10 charge to help with transportation costs. Last month C Building decided to go to the movies. This trip was cancelled for lack of participation. We are still working on trips out of the area and hope to finalize this soon. The Beer and Pizza fundraiser will be held in each Dining Room, and the cost will be \$5, which includes beverage and pizza. The Spring-Cleaning Sale will be in May in the Activity Room in Building A. We will be accepting donations in each building. We will not take any furniture or electronics. All money goes to the Travel Committee.

ADMINISTRATION CONTACTS

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BUILDINGS & GROUNDS: Judy Winter reported that issues with cell phones and laptop with WIFI are being worked on. The password has been simplified and help is available to all to connect you. During the last fire drill in C building, Kaleb's phone indicated that sound decibels were too high and could cause hearing loss after prolonged exposure, while A building residents struggle to hear the alarm. Dryer on second floor laundry in C building temperature not working and will be repaired. American Rescue Workers have been called to pick up. Some residents have been going through the barrels and not putting things back. #1007, Gloria, is very happy with her new bedroom window.

DIRECTOR OF INDEPENDENT LIVING: Kim Rank reported that our Open House had 28 guests. It was extremely successful. We will be having one in April in B building. We are participating in Daffodil Days. Sign up sheets are on all Bulletin Boards between now and Feb. 20th. There will also be tulip pots available. They will arrive the week of March 20. We have re-opened the Dining Room to your guests. We are issuing one free pass to every resident. You will have to make arrangements in advance to be sure Dietary is prepared with food. We are continuing to promote and market our apartments. The Hospitality apartment in Building A is #110. The one in B building is still occupied by staff.

EXECUTIVE CHEF: Kate Frey reported that for Valentine's Day we had cheese, crackers, and wine buffet at each building with each meal. On Mardi Gras, February 21 we will be having the king cake with the hidden baby. Whoever gets the baby wins the box of homemade chocolates. Subs for the sub sale will be at each building on February 23 after 3 pm. March is just around the corner, and so are the Candlelight Dinners, On March 2, I will post the menus in each building with the date of your building's Candlelight meal. The menu is shrimp cocktail w/ bruschetta on a baguette, spring salad w/house dressing, warm dinner roll with honey whipped butter, seared steak w/caramelized onions, served over garlic mashed potatoes topped with rosemary, red pepper butter. On the side whole green beans. Last, but not least, Brownie a-la-mode.

PERSONAL CARE ADMINISTRATOR: Yvonne Laubach reported that there are no Covid cases on campus in either staff or independent living. A reminder that if you are a diabetic, you must also watch out for the carbs.

WELLNESS DIRECTOR: Kaleb Roudabush reported that the next Wellness Meeting is scheduled for February 16 at 1:30 in B building 3rd Floor Lounge. Wii bowling and cornhole schedule is as follows: B bldg. Tuesday the 7th at 4pm first floor store. C bldg. Thursday the 16th first floor lounge. Volleyball is now every Friday in all buildings. Wellness Lecture Series Tuesday February 14 in building B. The topic is "Heart Health". We encourage all residents to participate in Senior Fitness Testing. Please sign up with the Wellness Coordinator. This will test upper and lower body strength, flexibility, and balance. We will be promoting this all year. Kaleb's Famous Home-Made Ice Cream Social and Tropical Rainforest discussion will be held as follows; A building February 28 at 4 pm, B building February 21 at 4 pm, C building February 23 at 4 pm. Outpatient Therapy currently has 11 residents on caseload. We have PT, OT, and ST services available. **SUCCESS STORIES** - I have completed close to 17 fitness tests in the past month and a half. 14 out of 17 have improved since last year for an 82% success rate!!

MAINTENANCE DIRECTOR: Mark Shobert reported the duplexes being completed in A building are moving right along. Then we move over to building B to #802/804 duplex conversion. We will be testing the sprinklers in all 4 buildings. In certain tests, they will set off the fire alarms for a moment, 30 seconds at the most. No apartments will be entered. Comment made that in A building the pipes are banging again. This will be looked into.

EXECUTIVE DIRECTOR: Don Pote thanked everyone for turning out for the meeting. Synergy was here to check WIFI, and now all three buildings are connected. Verizon is not as good as ATT or T-Mobile. We will always supply help if you need to be connected. Kim is also available. Your devices and laptops must be connected to the new password. There is a dead area in C Building Dining Rooms and the first-floor lounge, which requires a transmitter. We do have

one Hospitality Suite up and running in C building and we have guests coming in this weekend. We also have a guest in A for the weekend. The cost is \$100 per night, completely furnished with TV and small food prep available. They are available for up to a week. Contact Kim. Building B is still being used by staff. Our beautician, Heather, is looking to add an extra day. We would like to have van service for the extra day. Security is working from 10:30 pm till 7 am each night. When Security makes rounds, they do personal care monitoring during their rounds. Comment that some doors are banging, and we will ask them to be careful. We will have a Summer Concert Series. Repaz Band will be performing on June 21st, played in 1872 at the location of our first home. If you have suggestions for our concert series, please let us know. Kim had compiled a list and we welcome your input. We may have a trip to Lycoming County Fairgrounds for the Billtown Blues. They have a 3-day event there. We are participating in Raise the Region again and the money will be used for our flowers. More to come. We are looking at Senior TV and also looking at Comcast once again. We are trying to keep a list of everything that goes on in the campus and get your opinions, the better to serve you. Kaleb is also working to have a Car Show. This is the group that did the drive-by. They will park and visit and show their cars. As announced at the Council Meeting, we will have a 5% increase in rent across the board, effective April 1. Our costs are going up as us everything in all sections.

The meeting was adjourned at 3 pm.

Submitted by:
Rita Little, Secretary

Safety Reminders:

Spring is around the corner, residents, staff and family members will be walking and enjoying the warmer weather. Please remember to drive safely through our campus. Keep the speed down, yield to pedestrians, and come to a complete stop at the Stop Signs.

Do not put Glass down the trash chute, it could cause injury to our maintenance staff

When the fire alarm is activated, please participate and go



Kaleb's Homemade Ice Cream

4pm

A Building: Feb. 28th Activity Room

B Building: Feb. 21st 1st Floor

Lounge (store)

C Building: Feb. 23rd 1st Floor

Lounge

Upcoming Events

Feb. 28th: The Alberts 2pm C Building Dining Room

March 1st: Lewisburg High School Musical & Perkins

March 8th & 9th Raise the Region

March 12th: Daylight Savings Time Begins

March 18th: Williamsport Symphony Orchestra



Candlelight Dinners

A Building: March 27th

B Building: March 15th

C Building: March 14th

Candlelight Dinner

Shrimp Cocktail w/ Bruschetta on a Baguette

Spring Salad w/ House Dressing

Warm Dinner Roll with Whipped Honey Butter

Seared Steak Served w/ Caramelized Red Onions

Garlic Mashed Potatoes with Rosemary, Red Pepper Butter

Whole Green Beans

Brownie Al-A-Mode

Wine, Ice Tea & Coffee